

Alexandra M. Johnston DO

Home Address: 812 Scott Ave, Glenshaw, PA 15116

Professional Address: 320 East North Avenue, Pittsburgh, PA 15212

Telephone Number: (412) 852- 3074

Fax Number: (412) 359 - 4983

Alexandra.Johnston@ahn.org

Education

Doctor of Osteopathic Medicine

Lake Erie College of Osteopathic Medicine, Erie, PA

May 2015

Bachelor of Science in Biology

Minor, Psychology

The Pennsylvania State University

May 2011

Post-Graduate Training

Internal Medicine Resident

Allegheny Health Network, Pittsburgh, PA

Primary Care Track

July 2015-June 2018

Chief Resident, Quality Improvement and Patient Safety

Internal Medicine Residency Program

Allegheny Health Network, Pittsburgh, PA

July 2018-June 2019

Quality and Safety Educator's Academy

Society of Hospital Medicine

University of Texas, Austin, TX

February 2019

Society for General Internal Medicine- TEACH Certificate Program

May 2022- May 2023

Certificate completed: May 2023

Employment History and Faculty Appointment

Assistant Professor of Medicine
Drexel University College of Medicine
June 2020- Present

Primary Care Physician
West Penn Medical Associates
Allegheny Health Network, Pittsburgh, PA
July 2019 - Present

Core Internal Medicine Residency Teaching Faculty
Ambulatory Teaching Faculty
Inpatient Teaching Faculty
Internal Medicine Residency Program
Allegheny Health Network, Pittsburgh, PA
July 2019- January 2022

Internal Medicine Clerkship Director
Lake Erie College of Osteopathic Medicine
The Western Pennsylvania Hospital
Allegheny Health Network, Pittsburgh, PA
January 2020 - Present

Associate Program Director
Inpatient and Ambulatory Teaching Faculty
Internal Medicine Residency Program
Allegheny Health Network, Pittsburgh, PA
January 2022 - Present

Board Certifications and Medical Licensure

American Board of Internal Medicine (ABIM) 10/2018
ABIM ID: 388389 Expiration: 2028

Pennsylvania State Board of Osteopathic Medicine: 2018 -Present
Active, OS 019357 Expiration: 10/2024

DEA Registration: FJ7733327 Expiration: 12/2023

Honors and Awards

Academic Achievement Award
Lake Erie College of Osteopathic Medicine
May 2015

Professionalism Award in Internal Medicine
American College of Physicians Western-PA
October 2017

Excellence in Ambulatory Medicine
West Penn Medical Associates, Allegheny Health Network
June 2018

Kenneth Mitchum MD Resident Award
Allegheny Health Network Internal Medicine Residency Program
June 2018

Presented to the graduating resident who exemplifies the utmost competence and compassion in the practice of medicine

Chief Resident Recognition Award
Allegheny Health Network Internal Medicine Residency Program
June 2020

Presented to the faculty member who demonstrates the most significant impact on the experience and dedication to mentoring the chief residents

Peer Faculty Award for Excellence in Medicine
Allegheny Health Network Internal Medicine Residency Program
June 2020

Presented to faculty member recognized by their peers for their passion, commitment, commitment to resident success, patient care faculty support and excellence in medicine

John M. Ferretti Distinguished Clinical Educator Award
Lake Erie College of Osteopathic Medicine
June 2021

Presented for advancing continuous scholarship and academic achievement at the regional campuses

AHN IM Residency Distinguished Faculty Award
Allegheny Health Network Internal Medicine Residency Program
June 2020
June 2021

June 2022
June 2023

Presented to the faculty member who has exemplified the highest standards of membership through availability and enthusiasm to provide the residents with guidance, mentorship, encouragement, and support and program growth

John M. Ferretti Distinguished Clinical Educator Award
Lake Erie College of Osteopathic Medicine
June 2023

Presented for advancing continuous scholarship and academic achievement at the regional campuses

Professional Memberships

American College of Lifestyle Medicine Member
2023 - Present

American College of Cardiology Member
2021 – Present

Society for General Internal Medicine
2021 - Present

National Association for Healthcare Quality Member
2020 – 2021

American Heart Association
2020 - Present

Pennsylvania Osteopathic Medical Association
2020 - Present

American College of Physicians
2019 - Present

Alliance for Academic Internal Medicine
2018 - Present

American Medical Association
2015 - Present

Allegheny County Medical Society
Alternate Delegate to Pennsylvania House of Delegates
2015 - Present

Pennsylvania Medical Society

2011 – Present

Professional Committees and Administrative Service

Institutional Committees:

Medicine Institute Wellness Officer
Allegheny Health Network
2022- Present

Member at Large
West Penn Hospital Medical Executive Committee
2022- Present

Primary Care Transformation Committee
Allegheny Health Network
July 2019- Present

Internal Medicine Clinical Competency Committee
Perform and present resident milestone reviews and serve as
Rotating CCC meeting chair
2018- Present

IM Residency Academic Improvement Committee
Serve on AIC to develop improvement plans for struggling learners
Serve as mentor for residents requiring an academic improvement plan
2018-Present

Primary Care Practice Transformation Core Team
Allegheny Health Network, Primary Care Institute
2019 - Present

AHN Women in Medicine Planning Committee
Allegheny Health Network, Medicine Institute
2019 - 2021

EPIC Inpatient Physician Advisory Committee
Allegheny Health Network
2015 - Present

HCAPHS Workgroup Committee Member
Allegheny Health Network
2018-2019

Complex Medical Care Unit Collaborative Council
Allegheny Health Network Internal Medicine Residency
2018-2019

Regional Committees:

POMA Committee on Physician Wellness
Grant review committee
2020 – 2021

Allegheny County Medical Society
Alternate Delegate to Pennsylvania Medical Society Delegation
January 2023 – Present

National:

Clinical Practice Committee
Society for General Internal Medicine
Member
May 2023 – Present

Evidence Based Medicine Subcommittee of Clinical Practice Committee
Society for General Internal Medicine
Member
May 2023 – Present

Community Service

PA- ACP Western Division Poster Presentation Judge
Annual Abstract Review and Poster Competition Judge
October 2019 - Present

Society for Hospital Medicine, Poster Judge
Pittsburgh Chapter Meeting
November 2022

Society for General Internal Medicine Abstract Reviewer and Judge
Mid- Atlantic Meeting
October 2022

Society of General Internal Medicine – Peer Workshop Reviewer
National Meeting
2021 - Present

American College of Physicians Poster Judge
National Meeting
June 2023

Educational Activities

Courses:

“Hyperlipidemia” A Small Group Experience
Curriculum Development and Teaching
Internal Medicine Residency Ambulatory Academic Day
Five 2 hour sessions, 20 residents per session
September, 2022

“Hypertension” Quality Improvement
Curriculum Development and Instruction
AHN Internal Medicine Residency Academic Day
Five 2 hour sessions, 20 residents per session
November, 2022

“Introduction to Ambulatory QI Project: Optimizing CKD Management”
Curriculum Development and Instruction
Five 2 hour sessions, 20 residents per session
September 2021

Wellness Activities: Residency Reflection Tree, Field Day
Discussion Groups
Five 3 hour sessions, 20 residents per session
May-June 2021, 2022, 2023

Internal Medicine Sub-Intern Lecture Series
Drexel University College of Medicine
“Hypertensive Emergency”
2018- Present

Clerkships:

Inpatient Internal Medicine Clerkship Director
West Penn Hospital
Two MS3 and two MS4s per month
2020- Present

Ambulatory Clinical Preceptor
West Penn Medical Associates
One MS4 per Month
2020 – Present

Programs:

Internal Medicine Residency Clinician Educator Track
Developed and Co-direct Track
8-10 Residents per Year
2021 – Present

Director of Wellness and Resident Experience
Internal Medicine Residency Wellness Program
2019-Present

AHN Internal Medicine Research Day Abstract Reviewer
Abstract Review and QI Poster Judge
2020- 2023, Annually

Allegheny Health Network IM Residency Faculty Development Series, Lecturer

“ASCVD Risk Assessment and Modification”
July 7, 2021

AHN Medicine Faculty Development Workshop
“Practical Tips for Teaching Adult Learners”
April 30, 2021

“Effective use of Feedback”
February 26, 2021

“Major Depressive Disorder: A Primary Care Perspective”
February 10, 2021

“COVID-19 Testing Update”
August 26, 2020

Morbidity and Mortality Conference Series
Lecture Series Mentor and Coordinator
2018- 2019

Quality Improvement and Patient Safety Lecture Series
Lecture Series Coordinator
2018- 2019

Mentoring:

Drexel Pathway to Medical School Program Mentor
Faculty Mentor
2019-Present

Internal Medicine Residency Faculty Mentor
Panel of 5 residents per year
2019-Present

Mentees:

Dr. Priyanka Ghosh DO
Cardiology Fellow
Guthrie Robert Packer Hospital, Sayre, PA
2018-2022

- Dr. Olivia Rengering DO
Geriatrician
Christ Hospital, Cincinnati, OH
2018-2021
- Dr. Vladamir Limonnik DO
Hematology/Oncology Fellow
Lankenau Hospital, Philadelphia, PA
2018-2021
- Dr. Asheen Zariat MD
Nephrology Fellow
University of Pennsylvania Medical Center, Philadelphia, PA
2019-2022
- Dr. Meera Babu MD
Palliative Medicine Attending,
Ohio State University Medical Center, Columbus, OH
2019-2022
- Dr. Asad Faruqi MD
Pulmonary/Critical Care Fellow,
University of Kentucky Medical Center, Lexington, KY
2018-2021
- Dr. Helene Rovnan DO
Hospitalist USACS
Allegheny Health Network, Pittsburgh, PA
2019-2022
- Dr. Lauren Messick DO
Palliative Medicine Attending Physician
Allegheny Health Network, Pittsburgh, PA
2019- Present
- Dr. Chelsea Peterson DO
Hematology/Oncology Fellow
Allegheny Health Network, Pittsburgh, PA
2018 – Present
- Dr. Brittany Vannatter DO
Hospitalist
Allegheny Health Network, Pittsburgh, PA
2019- Present
- Dr. Paige Langhals-Totino DO
Medical Nutrition,
Allegheny Health Network Pittsburgh, PA
2018-Present

Dr. Jason Rodemoyer DO

Palliative Medicine,
Allegheny Health Network, Pittsburgh, PA
2019- Present

Dr. Thejus Jayakrishnan MD

Hematology/Oncology Fellow
Cleveland Clinic Foundation, Cleveland, OH
2019 – Present

Dr. Swetha Singh MD

Hospitalist
Riverside Methodist Hospital, Columbus, OH
2018-2022

Dr. Varun Chalasani MD

Rheumatology Fellow
University of Indiana Medical Center, Indianapolis, IN
2020-Present

Dr. Naman Gupta MD

Nephrology Fellow,
Virginia Commonwealth University, Richmond, VA
2020- Present

Dr. Rahul Karna MD

Gastroenterology Fellow
University of Minnesota Medical Center, Minneapolis, MN
2020- Present

Dr. Ashley Youngs DO

Women's Health Fellow
University of Pittsburgh Medical Center, Pittsburgh, PA
2020- Present

Dr. Shivani Shah MD

Internal Medicine Resident
Allegheny Health Network, Pittsburgh, PA
2021- Present

Dr. Katherine Mastandrea DO

Internal Medicine Resident,
Allegheny Health Network, Pittsburgh, PA
2021 – Present

Dr. Aaisha Shah MD

Internal Medicine Resident
Allegheny Health Network, Pittsburgh, PA
2021 – Present

Dr. Shelby Yawney DO
General Surgery Resident,
Trident Medical Center, Charleston, SC
2020-Present

Dr. Elda Tutic DO
Emergency Medicine Resident,
University Hospital, Cleveland, OH
2021-2022

Dr. Abdulahi Hassan MD
Internal Medicine Resident,
Allegheny Health Network, Pittsburgh, PA
2022- Present

Dr. Himani Shah MD
Internal Medicine Resident
Allegheny Health Network, Pittsburgh, PA
2022- Present

Dr. Kyle Kapcin DO
Internal Medicine Resident
Allegheny Health Network, Pittsburgh, PA
2021- Present

Dr. Ikram Khaliq MD
Internal Medicine Resident
Allegheny Health Network, Pittsburgh, PA
2022-Present

Dr. Andrea Cygan
Internal Medicine Resident
Allegheny Health Network, Pittsburgh, PA
2022- Present

Dr. Rachel DiLeo
Internal Medicine Resident
Allegheny Health Network, Pittsburgh, PA
2022- Present

Clinical Activities

Inpatient Rounds on West Penn Hospital Teaching Service
6 weeks per academic year

Ambulatory clinic Residency and Student Preceptor
3 half-day sessions per week

Private Ambulatory Clinic
1 day per week

Support

Pennsylvania Osteopathic Medical Association
Residency Wellness Grant
\$500 dollars

Bibliography

*Walsh TL, Taffe K, Sacca, N Bremmer DN, Sealy ML, Cuevas E, **Johnston A**, Malarkey A, Behr R, Embrescia J, Sahota E, Loucks S, Gupta N, Shields KJ, Katz C, Kapetanos A. Risk Factors for Unnecessary Antibiotic Prescribing for Acute Respiratory Infections in Primary Care. *Mayo Clinic Proceedings: Innovations, Quality & Outcomes*. 2020;4(1):31–39. Published 2020 Jan 13. doi:10.1016/j.mayocpiqo.2019.09.004

*Karna R, Singh R, Marshall C, **Johnston A**. Atypical presentation of anti-HMGCR myopathy. *BMJ Case Rep*. 2021 Sep 20;14(9):e243728. doi: 10.1136/bcr-2021-243728. PMID: 34544705; PMCID: PMC8454444.

Johnston A, Sealey M, Mathos L, Gadani, M. Recognition of CKD in the Primary Care Setting. [Abstract] *J Am Soc Nephrol* 33, 2022: 52-53

Karna, R ; Kaye, D, Jagdish,B DO; **Johnston, A DO**; Venkat,D MD. An Unusual Presentation of Segmental Arterial Mediolytic. *ACG Case Reports Journal* 9(12):p e00942, Jan 2023. | DOI: 10.14309/crj.0000000000000942

Presentations

Invited National and Regional Poster Presentations:

Johnston, A, Gadani A, Abdul-Baki, H. “Vedolizumab and Drug-Induced Lupus: An Unexpected Phenomenon,” Presented at Advances in Inflammatory Bowel Diseases, December 8, 2016. Orlando, FL.

Gadani, M, Sleckman, P, **Johnston A**, Shields KJ, Katz C, Kapetanos A. Implementation of and Inter-Professional Shadowing Program for Internal Medicine Interns. Poster session presented at AAMC Integrating Quality Conference; Jun 6 2019. Minneapolis, MN.

Johnston A, Sacca N, Mathos L, Sealey M, Behr R, Sleckman P, Hill J, Gadani M. Use of a Quality Bundle Promoting Flu Vaccination Amid the COVID-19 Pandemic. Poster presented at National Association for Healthcare Quality Conference. Sept 12, 2020; Virtual

Yawny S, **Johnston A**. Burn Notice or Zoster Prognosis. Poster presented at American College of Physicians, Pennsylvania Chapter- Western Division Annual Meeting. Oct 23 2021; Virtual.

Medhi, F, Bosah, A, Tutic, E, Mehdi, Z, **Johnston, A**, Tadikamalla, R. Limited Guidelines: Therapy in Patients with DOAC Failure Resulting in a Cardioembolic Event. Poster presented at American College of Cardiology Annual Meeting. Apr 2, 2022. Washington DC, District of Columbia.

Jacobowsky, A, **Johnston A**. Identifying Characteristics that Increase Medical Student Engagement on Clinical Rotations. Poster Presented at American Medical Student Association Annual Meeting. Apr 6 2022. Washington DC, District of Columbia.

Cygan, A, **Johnston A**. Toxic Together: Partners in Pancytopenia. Poster Presented at American College of Physicians- Pennsylvania Chapter - Western Division Annual Meeting. Oct 6 2022. Pittsburgh, PA.

Cygan, A, **Johnston A**. HELLP, I Have Lyme Disease. Poster presented at Society for General Internal Medicine – Mid-Atlantic Meeting, Oct 22, 2022. Virtual.

Johnston A, Thomeson K, Donahoe, A, Sealey M. Exploratory Analysis of COVID-19 Vaccine Scheduling in Patient Over Age 65. Society for General Internal Medicine – Mid-Atlantic Meeting, Oct 22, 2022. Virtual.

Karna R, Kaye D, Jagdeesh B, **Johnston A**, Venkat D. An Unusual Presentation of Segmental Artery Mediolytic. American College of Gastroenterology National Conference. Oct 23 2022. Charlotte, NC

Johnston A, Sealey M, Mathos L, Gadani, M. Recognition of CKD in the Primary Care Setting. Poster presented at American Society of Nephrology Nov 3 2022. Orlando, FL.

Amoateng R, Arunthamakun N, Appiah-Kubi E, **Johnston A**, DO, Gadani M, MD. Incidence of Depression in Patients with Hypertension: A Single Center

Experience. American Heart Association National Meeting, Nov 5, 2022.
Chicago, IL.

Singh R, Deike M, **Johnston A**, Gadani M. A Multi-Disciplinary Approach to Guillan- Barre Syndrome in Pregnancy: The Importance of Identifying Autonomic Neuropathy. Pennsylvania Neurologic Society Annual Meeting. Nov 12, 2022.
Camp Hill, PA.

Cygan, A, **Johnston A**. Toxic Together: Partners in Pancytopenia. Poster Presented at Society of Hospital Medicine Pittsburgh Chapter Meeting Nov 16 2022. Pittsburgh, PA. **Hematology Category- Runner Up**

Cygan, A, **Johnston A**. HELLP, I Have Lyme Disease. Poster presented at Society of Hospital Medicine Pittsburgh Chapter Meeting Nov 16 2022.
Pittsburgh, PA.

First Place, Medical Student Category.

Patel J, Mastandria K, **Johnston A**, Primary Adrenal Insufficiency: A Second Look. Poster presented at Society of Hospital Medicine Pittsburgh Chapter Meeting. Nov 16 2022. Pittsburgh, PA.

First Place Endocrine Category.

Gadani, M, **Johnston A**, Perceived Time on EHR: Does it Correlate with Burnout?. Presented at AAIM Academic Internal Medicine Week Meeting. Apr 5 2023. Austin, TX.

By Competition or Peer Review:

Bruce J, Gadani A, Banarjee S, **Johnston A**. "Empathy Mapping: Building Connections Workshop," Presented at AAIM Academic Internal Medicine Week 2023, Apr 6 2023. Austin, TX.