

Nadia K. Sundlass, M.D., Ph.D.

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Work Experience

10/2017-present Forefront Dermatology Wexford & Pittsburgh, PA
Physician

Education and Training

07/2014-06/2017 University of Pittsburgh Medical Center Pittsburgh, Pa
Resident Physician in Dermatology

06/2013-06/2014 University of Illinois-Chicago Chicago, IL
Resident Physician in Internal Medicine

08/2004-05/2013 University of Wisconsin School of Medicine & Public Health
Medical Scientist Training Program (M.D./Ph.D.)

05/2013

M.D.

12/2011 Ph.D. in Biophysics

Departments of Biochemistry and Chemistry

Dissertation: "Electrostatic interactions of biological processes:

Cellular internalization of pancreatic-type ribonucleases and salt
bridge formation in a DNA-wrapping protein"

Advisor: Ronald T. Raines, Ph.D.

09/2001-05/2004 University of Wisconsin-Madison
Bachelor of Science in Molecular Biology
Graduated with comprehensive honors

Selected Honors and Awards

2006-2009 NIH T32 Molecular Biophysics Training Grant

2003-2004 Hilldale Undergraduate Research Fellowship, UW-Madison

Certifications and Licensures

2023 Integrative Dermatology Certificate Program

2017 Board-certified dermatologist

2017-present State of Pennsylvania medical license

2014-2017 State of Pennsylvania medical training license

2013-2014 State of Illinois medical training license

Professional affiliations

American Academy of Dermatology

Pennsylvania Academy of Dermatology

Pennsylvania Medical Society

American Medical Association

LearnSkin

Selected Community Service and Activities

- 2023-present Medical Editor for LearnSkin
Review blog posts about integrative dermatology for medical accuracy
- 2023-present Forefront Dermatology Clinical Quality & Outcomes co-Lead: Psoriasis
Develop materials and protocols to measure and improve the quality of care delivered to psoriasis patients across all Forefront Dermatology practices
- 2023-present Vice President, Pennsylvania Academy of Dermatology
Assist the president as necessary to advance the mission of the PAD
- 2022 Allegheny County Medical Society delegate to PAMED house of delegates
Represented Allegheny County physicians to help determine PAMEDs policies for the upcoming year
- 2022-present Forefront Dermatology LeAD: Physician director of Staff Experience and Engagement
Worked to develop morale building activities for staff and improve workplace culture
- 2021 AAD Leadership Forum Participant
Participated in leadership development activities and networking events
- 2021-2023 Treasurer, Pennsylvania Academy of Dermatology
Responsible for developing annual budget for Pennsylvania Academy of Dermatology
- 2021 Alternate Delegate for House of Delegates, Allegheny County Medical Society
Attend virtual House of Delegates and be prepared to vote if needed
- 2020-present Member, Forefront Dermatology Diversity Committee
Help to formulate and enact policies to ensure an inclusive environment free of discrimination for all patients and staff
- 2019-2020 Director-at-Large, Pennsylvania Academy of Dermatology
Attend board meetings where I learn about and provide input on issues affecting PA dermatologists
- 2019 Member, Forefront Dermatology Fall 2020 Retreat planning committee
Helping to investigate various locations and activities for our Fall Corporate 2020 Retreat
- 02/2019 Dermatologist, Surgicorps International Trip to Western Samoa
Traveled to Apia, Samoa with a group of plastic surgeons and other medical staff to provide medical and surgical dermatology services to the local population
- 2018-2019 Physician Volunteer, Melanoma Wednesday
Participated in skin cancer screenings at the Pennsylvania capitol building and met with my local representatives to advocate for tanning legislation sponsored by the Pennsylvania Academy of Dermatology
- 2014-2016 Member, Cosmetics Committee

Nadia K. Sundlass, M.D., Ph.D. (Page 3 of 4)

University of Pittsburgh Medical Center

Organized cosmetic workshops and formed industry connections to provide sample product to residents

- 2014-2015 Resident volunteer, Squirrel Hill Health Center Dermatology Free Clinic
Supervised and taught 1st and 2nd year medical students who were also volunteering to provide dermatology services to uninsured patients
- 2004-2010 Mentor, Toki School Mentorship Achievement Program
University of Wisconsin School of Medicine & Public Health
The goal of this program is to provide support and encouragement to help disadvantaged children realize their full potential.
- 2005-2009 Student volunteer, Medic
University of Wisconsin School of Medicine & Public Health
Volunteered at Southside, Southside Dermatology, and ARC House free clinics for underserved in Madison, WI
- 2008-2009 Member, University of Wisconsin MSTP Admissions Committee
Medical Scientist Training Program, University of Wisconsin
Reviewed applications for the MSTP
- 2006-2008 Chair, MSTP Curriculum Committee
Medical Scientist Training Program, University of Wisconsin
Student-elected position responsible for assisting in the development and organization of MSTP-specific student curriculum
- 2005 Student Representative, Dean's Search Committee
University of Wisconsin School of Medicine & Public Health
Elected by student body to assist in the selection of the Dean of the Medical School

Publications

N.K. Sundlass, N.T. Woltjen, C. Bhate, J. Ho, and J.C. English III. "Infliximab-induced Linear IgA Bullous Disease in a Patient with Ulcerative Colitis," (2015) *J Clin Case Rep*, 5: 597.

N.K. Sundlass, C.H. Eller, Q. Cui, and R.T. Raines. "Contribution of electrostatics to the binding of pancreatic-type ribonucleases to membranes," (2013) *Biochemistry*, 52(37): 10293-10299. (PMID 23947917, PMC3839965)

N.K. Sundlass and R.T. Raines. "Arginine residues are more effective than lysine residues in eliciting the cellular uptake of Onconase," (2011) *Biochemistry*, 50(47): 10293-10299. (PMID 21980976, PMC3234306)

L. Ma*, **N.K. Sundlass***, R.T. Raines, and Q. Cui. "Disruption and formation of surface salt bridges are coupled to DNA binding by integration host factor (IHF): A computational analysis," (2011) *Biochemistry* 50(2): 266-275. (*co-first authors) (PMID 21121696, PMC3064960)

Nadia K. Sundlass, M.D., Ph.D. (Page 4 of 4)

J.R. Schmidt, **N.K. Sundlass**, and J.L. Skinner. "Line shapes and photon echoes within a generalized Kubo model," (2003) *Chem. Phys. Letters*, 378: 559-566.

Selected Presentations

- 2015 Pittsburgh Academy of Dermatology Grand Rounds. Pittsburgh, PA. March 12, 2015
"Infliximab-induced Linear IgA bullous disease in a patient with ulcerative colitis"
- 2015 Pittsburgh Academy of Dermatology Grand Rounds. Pittsburgh, PA. September 03, 2015
"33 year old male presenting with recurrent aphthous ulcers, papulopustular eruption, and erythema nodosum: A review of Behçets disease"

Selected Poster Presentations

- 2011 ASCI/AAP Joint Meeting. Chicago, IL. April 15-17, 2011
"A comparison of lysine and arginine residues in the cellular uptake and cytotoxicity of onconase"
- 2008 UW-Madison MSTP Symposium, Madison, WI. May 20, 2008
"The role of electrostatics in the cytotoxicity of Onconase"

Research Experience

- 2006-2011 University of Wisconsin-Madison, Departments of Biochemistry & Chemistry
Advisor: Ronald T. Raines, Ph.D.
Position: Graduate student
Dissertation: "Electrostatic interactions of biological processes: Cellular internalization of pancreatic-type ribonucleases and salt bridge formation in a DNA-wrapping protein"
- 2002-2004 University of Wisconsin-Madison, Department of Chemistry
Advisor: James L. Skinner, Ph.D.
Position: Undergraduate research associate
Honors Thesis: "Ultrafast vibrational spectroscopy of dilute urea in liquid D₂O"
Project: Line shapes and photon echoes within a generalized Kubo model

Teaching Experience

- 2015 Dermatology small group leader
Description: Led 2nd year medical students in case discussions
- 2013-present Resident didactic talks
Description: Delivered lectures based on chapters from Bologna or Elston
- 2008 Step 1 Boards Review and Prep Group leader
Description: Advised & tutored medical students preparing for Step 1

Personal Interests

Interests Piano, tennis, environmental sustainability, cooking, traveling