

Vint Rolston Blackburn MD

132 Howard St.

Millvale, PA 15209

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Work Experience:

Blackburn Psychiatry LLC

132 Howard Street

Millvale, PA 15209 United States

7/2017 – Present

Psychiatrist/Owner

Duties, Accomplishments and Related Skills:

As owner and operator of Blackburn Psychiatry, my primary duty is seeing patients, doing assessments, prescribing medications and treatments. My practice focuses on a highly complicated patient population, most with comorbid personality disorder (e.g. Borderline Personality Disorder), treatment-resistant depression or obsessive-compulsive disorder. I tend to focus on patients who are difficult to refer to other providers given the complexity or high-risk nature of their illness. As a result, I often do a combination of medication management and therapeutic interventions, mostly dialectical behavioral therapy and motivational interviewing. I find this population more interesting and challenging in general. I see patients of all ages, but tend to find the young adult population (high school through graduate school) the most rewarding and fulfilling.

Family Pathways

100 Brugh Avenue

Butler, PA 16001 United States

7/2015 – Present

Psychiatrist

Duties, Accomplishments and Related Skills:

Family Pathways is a mental health clinic in Butler, Pennsylvania, that serves this highly underserved community. As the psychiatrist, I supervise our nurse practitioner, help train our therapists, work directly with our patient population (children through adults), prescribe medication and do psychiatric assessments.

I initially started working at Family Pathways while I was a third-year resident, with the intention of moving on once I graduated. However, I quickly became attached to the patient population and highly dedicated therapy staff. Butler is an old steel community, with significant poverty, extremely high rates of substance use and mental health needs. Given the sparsity of providers and services, I have found it very satisfying to be able to work with this population. Most of my private practice occurs in Allegheny County, in or

near the city of Pittsburgh. This is an area with many services and it is always quite useful and humbling to work in a community such as Butler, which is on the opposite extreme. Working at this facility has also helped hone my skills and establish significant independence, as there are few resources to fall back on in this community. One of the accomplishments I am most proud of is helping redirect much of our therapy to a more skills-based practice. I have a significant amount of training in dialectical behavioral therapy and have been able to direct many of our therapists toward this modality. This has been especially helpful in working with many of our patients who have comorbid personality disorder. It is also helpful when working with some of our more help-resistant patients.

Supervisor: Brian Dick (724-699-5104)

University of Pittsburgh Medical Center/Western Psychiatric Institute and Clinic

3811 O'Hara Street

Pittsburgh, PA 15213 United States

7/2017 – Present

Attending Psychiatrist

Duties, Accomplishments and Related Skills:

As an attending psychiatrist at UPMC working casually, I generally do coverage for other psychiatrists. The most common coverage I offer is to our adolescent partial hospitalization and intensive outpatient programs. This involves working directly with adolescents, many of whom were just released from inpatient treatment, others who are in need of a higher level of care. I am also responsible for supervising and educating resident physicians.

Mobile Mental Health Team

UPMC ReSolve Crisis Network

333 North Braddock Avenue

Pittsburgh, PA 15208 United States

12/2020 – 12/2023

Psychiatrist/Medical Director

Duties, Accomplishments and Related Skills:

UPMC ReSolve Crisis Center

333 North Braddock Avenue

Pittsburgh, PA 15208 United States

7/2017 – 7/2019

Assistant Medical Director

Duties, Accomplishments and Related Skills:

As Assistant Medical Director of this Allegheny county crisis center, my job included direct patient care, assessing and treating patients in acute psychiatric crisis, as well as staff

training and development. I helped develop and present curriculum geared toward diagnosis and treatment of our complicated population. I also did a significant amount of outreach, including media work to help educate the broader public about mental health issues. I relied greatly on my background as a teacher in this regard.

One of the other primary roles of my position was to support and morale of our client specialists. I worked directly with our phone staff who took crisis calls from the suicide hotline, with our mobile health teams who worked directly with consumers in the community, and with our in-house staff who worked with patients presenting and staying in our facility. This is highly demanding and emotionally taxing work, so staff support was a critical role.

The crisis center is unique in that it offers three different services, including a walk-in crisis center with four adolescent crisis beds as well as 20 adult beds that allow for treatment of non-acute patients who are not in need of hospital level care. As a result, I would work with patients from mildly depressed simply needing extra support to severely mentally ill patients who are de-compensating but not yet at the point of needing an inpatient hospitalization. As a child trained psychiatrist I was able to also work with our adolescent program who went out into the community to work with families and their children in active crisis. We would also liaison with the schools when they were struggling with students expressing mental health concerns.

Though I generally find myself more attracted to outpatient psychiatry, this opportunity offered a hybrid solution between community and inpatient and offered an excellent chance to problem solve quickly, deal with acute crises, and yet still establish long-term relationships with many of the patients.

Other duties included 24-hour call and availability for nursing staff regarding medication and medical decision-making.

I also worked closely with the medical director to help establish protocols and policy

University of Pittsburgh Medical Center/Western Psychiatric Institute and Clinic

3811 O'Hara Street

Pittsburgh, PA 15213 United States

6/2012 – 7/2017

Resident Physician Child/Adolescent Psychiatry

Duties, Accomplishments and Related Skills:

As resident physician I was actively involved in educating junior MD's as well as medical students. I was also responsible for regular lectures in Child and Adult Psychiatry given to other physician groups and practitioners and the lay public throughout the Pittsburgh region, partly due to my previous educational background and passion for education. Due to my enthusiasm for teaching, the department of Medical Education has often called upon me in this capacity.

Besides working as an in-patient psychiatrist in our 300-bed hospital, I also worked as a Consult Liaison Psychiatrist (Psychiatry within the medical hospital setting) at several of our affiliated UPMC hospitals in the region. This allowed me to continue exercising the medical side of my MD as I help teams explore organic causes of unusual behaviors in the inpatient hospital setting.

One of my primary focuses in residency training has been working with teenagers at high-risk of self-harm and suicide. Drawing on my multi-media background, including audio/video production, I have begun developing a series of educational videos geared both towards medical professionals and the general public to help them better understand such concepts as the black box warning on anti-depressants as well as the most up-to-date research on self-injurious behaviors, rampant among modern teenagers. To this extent, I have worked closely with recognized experts in this field such as Dr David Brent of the STAR (Services for Teens at Risk) Center at WPIC, who has published many seminal papers on these subjects.

Due to my past experience in Web development and management (both for Citicorp in NYC and Integrated Microsystems) I was asked to join a task force at UPMC charged with evaluating and redesigning the psychiatric hospital's electronic medical records system. Throughout my training I have developed a reputation for working with patients suffering from personality disorders, especially adolescents and young adults. This population is notoriously challenging to treat and has, therefore, often been neglected and overlooked, in spite of utilizing a large proportion of mental health-care and primary-care resources. I believe that my background in working with troubled middle school students as a teacher and school administrator has given me a unique perspective on this that is distinctly different from that of many of my colleagues.

Initially interested in Neurology when entering medical school, I retain a strong belief that most (if not all) mental illnesses are the product of faulty biological processes. I am interested, not only, in better understanding these organic underpinnings, but helping to demystify them for the patients and their families in hopes of removing the stigma of mental illness and bringing it into the fold of other chronic physical illnesses such as diabetes and hypertension. It is, perhaps, for this reason that I find the educational side of things interesting and rewarding.

University of Pittsburgh Honors College

3600 Cathedral of Learning

4200 Fifth Avenue

Pittsburgh, PA 15260 United States

8/2013 – 12/2013

Instructor

Duties, Accomplishments and Related Skills:

Created an integrated science curriculum for the Pitt Honors College, uniting the various disciplines and relating them to the humanities.

Supervisor: Dean Edward Stricker (412-624-6880)

University of New Mexico School of Medicine

MSC 08 4700

BMSB 107

1 University of New Mexico

Albuquerque, NM 87131-0001 United States

7/2008 – 6/2012

Medical Student

Duties, Accomplishments and Related Skills:

Studied Medicine with intention to pursue adolescent psychiatry. This evolved out of my curiosity about the mind. I had contemplated pursuing a PHD in neuroscience and completed several Graduate level classes in preparation for either this or medical school but opted for the latter given my interest in direct patient involvement. I also felt that my experience in middle school, high school education, and my close work with adolescents, and interest in continuing this relationship boded well for clinical work. During Medical School I opted to work with Latin American patients as much as possible in order to keep my Spanish skills sharp. This was something which was in high demand in New Mexico. I also used this opportunity to work on the laboratory skills I had developed in the Cunningham Lab, as well as hone my scientific reasoning skills. I was able to graduate at the top of my class, and still balance out family life and obligations.

Cunningham Lab University of New Mexico

Department of Biology MSC03 2020

1 University of New Mexico

Albuquerque, NM 87131 United States

7/2007 – 7/2008

Research Assistant

Duties, Accomplishments and Related Skills:

Studied the effects of praziquantel on schistosoma mansoni in order to elucidate a mechanism of action. Designed and implemented several experiments. Contributed experimental data, created unique graphics and helped author and edit two published scholarly papers (please see publications).

This was an excellent introduction to laboratory skills. As a member of a cutting edge molecular biology lab, I worked preparing genetic arrays, sorting through genetic data using Gene Spring software, preparing and working with frozen, thin-slice sections of schistosome worms, imaging these sections using various specially designed fluorescent dyes using confocal and traditional microscopy, as well as being in charge of various RNA amplification techniques.

Desert Academy

313 Camino Alire

Santa Fe, NM 87501 United States

8/2002 – 8/2006

Science Teacher, Science Chair, Assistant Head of Middle School

Duties, Accomplishments and Related Skills:

Initially started as middle school Earth Science Teacher where I was involved in developing a spiral science curriculum with space as a central theme to be continued throughout the high school years and was then promoted to Science Chair and finally, acting head of Middle School for one year while seeking a permanent replacement for the vacated position. Taught high school AP Anatomy as well as developing an Integrated Science curriculum aimed at integrating the sciences into the humanities as well as engendering an understanding of how the various sciences overlap for high school students. As Science Chair, worked to completely redesign an integrated middle and high school curriculum in preparation for I.B. (International Baccalaureate) classes while ensuring that the curriculum met, or exceeded, state and national standards. Mentored new science teachers. In summer of 2004, converted classroom into a spaceship as well as designed a space-based physics curriculum for 8th grade students (article published in the New Mexican and available upon request).

Citicorp, Latin American Consumer Branch, New York

666 Fifth Avenue

New York, NY 10103 United States

1/2001 – 12/2001

Assistant Vice President in Charge of Web Development and Online Banking PBOE

Helped to establish, develop and implement the web strategy and content for Citigroup's Latin American business Personal Banking for Overseas. Acted as the liaison between the technical staff and management. Researched and implemented the first open-source computer system in the bank using Linux.

High Desert Studio, New Mexico

#10 Domingo Road

Santa Fe, NM 87106 United States

11/1998 – 1/2001

Owner/Recording Engineer

Duties, Accomplishments and Related Skills:

Owned and operated recording studio, specializing in commercial digital audio recording for musical artists, commercial voice talent, and soundtracks. Web and design consulting for national corporate clients: built and maintained web sites; created and managed advertising campaigns, developed web presences consistent with existing corporate identities.

Integrated Microsystems, Michigan

Farmington Hills, MI United States

2/1996 – 10/1998

Creative Director/Graphic User Interface Designer

Duties, Accomplishments and Related Skills:

Led a team of web programmers and designers in developing the content for dozens of web sites, and CD-ROMs. Worked closely with an exceptional programming team to pioneer many innovative, interactive web projects, including live database access. Worked with WCSX Radio in Detroit to successfully produce the first live 24-hour web broadcast ever attempted by a major commercial radio station. Developed the initial web sites for WJR, WCSX, WRIF, Laimbeer Packaging, ANR Pipeline and many other Fortune 500 companies.

Washtenaw Community College, Michigan

4800 East Huron River Drive

Ann Arbor, MI 48105 United States

8/1997 – 5/1998

Instructor

Duties, Accomplishments and Related Skills:

Taught professional graphic designers wanting to transition to web development. Focus was on HTML coding, use of Photoshop for the development of Web graphics, user interface design, database development and integration.

Honolulu Star Bulletin, Hawaii

500 Ala Moana Boulevard 7-210

Honolulu, HI 96813 United States

11/1993 – 2/1996

Graphic Artist

Duties, Accomplishments and Related Skills:

Worked as an infographic artist illustrating news items. Won several awards for excellence in my field. Specialty was illustrations for science and technology stories. Pushed for an on-line presence, www.starbulletin.com, though I left before they launched their web site. The Star-Bulletin was one of the first newspapers in the country to go on-line.

Little English School, Spain

Alella, Barcelona Spain

1/1991 – 10/1993

ESL Teacher and Director of Studies

Duties, Accomplishments and Related Skills:

Taught English as a Second Language to all ages (10 - adult) at a private language school in Spain. Besides my teaching duties, I acted as the head instructor, responsible for the development of standardized student tests and course development. I also monitored and set teaching standards.

Teaching and Presentations:

American Psychiatric Association Annual Meeting

May 21-25, 2022 New Orleans, LA

From Rage to Recovery: Management of Violence Risk in the Patient With Borderline Personality Disorder

Chair: John S. Rozel MD.

Presenters: Vint R. Blackburn MD; Layla Soliman MD; Abhishek Jain MD.

Crisis Intervention Association of Pennsylvania Annual Conference

November 14-15, 2018 Nemacolin, PA

Effects of Media on Mental Health of Children and Adolescents

Education:

University of Pittsburgh Medical Center/Western Psychiatric Institute and Clinic

Oakland, PA United States Doctorate 06/2017

Major: Adult/adolescent/child Psychiatry

Relevant Coursework, Licenses and Certifications:

5-year combined Adult/Child/Adolescent Psychiatry Residency

Currently a board-certified Adult and Child/Adolescent Psychiatrist

American Board of Psychiatry and Neurology

University of New Mexico School of Medicine

Albuquerque, NM United States

GPA: 3.7 of a maximum 4

Major: Doctor of Medicine

Degree: MD 5/2012

University of Arizona

Tucson, Arizona United States

Major: General Studies Minors: English, Philosophy, Spanish

Degree: BA 5/1992

Regis University Denver, CO United States

Some College Coursework Completed

GPA: 4 of a maximum 4

Major: Masters in Educational Leadership

Relevant Coursework, Licenses and Certifications:

Completed all of the course work for a Masters degree in Education as part of my continuing educational requirements for Teaching.

Language Skills:

English
Spanish-Castilian
Catalan

Affiliations:

Pennsylvania Medical Society – Delegate – 2022 and 2023
American Association of Child and Adolescent Psychiatrists - Physician Member

Civil Air Patrol - Mission Pilot
Music Under New York - Lifetime Member

Professional Publications:

Aragon AD, Imani RA, Blackburn VR, Cunningham C. Microarray based analysis of temperature and oxidative stress induced messenger RNA in *Schistosoma mansoni*. *Mol Biochem Parasitol*. 2008 Dec; 162(2): 134-141. Cited in PubMed; PMID: 18775750.

Aragon AD, Imani RA, Blackburn VR, Cupit PM, Melman SD, Goronga T, Webb T, Loker ES, Cunningham C. Towards an understanding of the mechanism of action of praziquantel. *Mol Biochem Parasitol*. 2009 Mar; 164(1): 57-65. Cited in PubMed; PMID: 19100294.

Blackburn, Vint and Rozel, John S., Chapter.84, [Mental.Health.Issues.in.Adolescents?. Behavioral Emergencies for Healthcare Providers](#), Springer, 2021.

Blackburn Vint MD, [Personality.Disorders?Comprehensive Review of Psychiatry](#), Oakstone, 2023

Salk, Rachel H. MD, Moses-Kolko, Eydie L. MD, Chugani, Carla D. PhD, Mastruserio, Susan PsyD, Wentroble Erin PsyD, Blackburn, Vint MD, [An.intensive.outpatient.program.for.suicidal.college.students?Journal of American College Health](#), pages 22-29, published online 24 March 2021