# CURRICULUM VITAE University of Pittsburgh Department of Family Medicine

# **BIOGRAPHICAL**

NAME: Rina Chabra, D.O. BIRTH DATE: August 15, 1976

**HOME ADDRESS: BIRTH PLACE:** Pittsburgh, PA

604 Whispering Pines Drive Pittsburgh PA

15238

**HOME PHONE:** CITZENSHIP: USA

412-406-8447

BUSINESS ADDRESS: E-MAIL: chabrar@upmc.edu

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#### **EDUCATION AND TRAINING**

**UNDERGRADUATE:** 

1994 - 1998 Boston University B.S., 1998 Psychology

Boston, MA

**GRADUATE:** 

1998-2002 Lake Erie College of Osteopathic Medicine D.O., 2002 Medicine

Erie, PA

**POSTGRADUATE:** 

2002-2005 UPMC St. Margaret's Hospital Residency Family Medicine

Pittsburgh, PA

Program Director: Ted C. Schaffer, MD

# APPOINTMENTS AND POSITIONS

**ACADEMIC:** 

2005-2012 UPMC St. Margaret's Family Medicine Preceptor, Outpatient Clinic

Pittsburgh, PA

2017-present UPMC McKeesport Family Medicine Faculty, Family Medicine Residency

McKeesport, PA

2017-present University of Pittsburgh School of Medicine Assistant Professor of Family Medicine

Pittsburgh, PA

2018-present Lake Erie College of Osteopathic Medicine

Erie, PA

2018-present UPMC McKeesport Family Medicine

McKeesport, PA

Director, Osteopathic Track

Assistant Professor of Family Medicine

#### **NON-ACADEMIC:**

2005-2008	Renaissance Family 1	Practice-RIDC	Attending Physician

Pittsburgh, PA

2008-2010 Renaissance Family Practice-UPMC RIDC Attending Physician

Pittsburgh, PA

2011-2017 UPMC Urgent Care Shadyside Staff Physician

Pittsburgh, PA

2012-2013 UPMC Urgent Care Shadyside Associate Medical Director

Pittsburgh, PA

2013-2017 UPMC Urgent Care Shadyside Medical Director

Pittsburgh, PA

2017-2020 Latterman Family Health Center Attending Physician

McKeesport, PA

2020 - Present Superior Family Medicine Attending Physician

Oakmont PA Hampton PA

#### **CERTIFICATION AND LICENSURE**

#### SPECIALTY CERTIFICATION:

American Board of Family Medicine 2005-present

#### OTHER PROFESSIONAL CERTIFICATIONS:

Advanced Cardiac Life Support (ACLS) and Basic Life Support (BLS)

Advanced Trauma Life Support (ATLS)

Pediatric Advanced Life Support (PALS)

#### MEDICAL or OTHER PROFESSIONAL LICENSURE:

State Board of Medicine / Pennsylvania (DO)

2005-present

#### MEMBERSHIPS IN PROFESSIONAL AND SCIENTIFIC SOCIETIES

Allegheny County Medical Society
American Academy of Family Physicians
American Medical Association
American Osteopathic Association
Pennsylvania Academy of Family Physicians
Pennsylvania Osteopathic Medical Association
Society of Teachers of Family Medicine

#### **PRESENTATIONS**

- 1. Common Dermatologic Conditions in Family Medicine. Invited Speaker at WTAE-TV Healthy 4 Life and American Diabetes Expo; 2004 February 10; Pittsburgh, PA.
- 2. Common Dermatologic Conditions in Family Medicine. Invited Speaker at Western Pennsylvania Family Medicine Board Review; 2018 February 10; Pittsburgh, PA.
- 3. An Osteopathic Approach to Asthma. Invited Speaker at Pennsylvania Osteopathic Family Physicians Society's 43<sup>rd</sup> Annual CME Symposium; 2018 August 5; Hershey, PA.
- 4. Osteopathic Approach to the Patient with Low Back Pain. Invited Speaker at Pennsylvania Academy of Family Physicians CME Conference; 2018 November 3; Nemacolin Woodlands, Farmington, PA.
- 5. OMM Workshop-Upper Respiratory, ENT and Lower Respiratory. Invited Speaker at Pennsylvania Academy of Family Physicians CME Conference; 2018 November 3; Nemacolin Woodlands, Farmington, PA.
- 6. Common dermatologic Conditions in Family Medicine. Invited Speaker at Western Pennsylvania Family Medicine Board Review; 2019 March 2; Pittsburgh PA
- 7. OMM workshop Osteopathic Approach to Respiratory Infections. Invited Speaker at University of Pittsburgh 46<sup>th</sup> Refresher Course in Family Medicine; 2019 March 15; Pittsburgh Marriott City Center, Pittsburgh PA.
- 8. Respiratory System Review. Invited Speaker at Western Pennsylvania Family Medicine Board Review; 2019 October 5th; Pittsburgh PA

#### **PUBLICATIONS**

1. **Chabra R**, Gupta M. Asthma, Allergic and Environmental. StatPearls. Treasure Island (FL): StatPearls Publishing; 2018 Aug 30.

Curriculum Vitae Revised February 2019

# PROFESSIONAL ACTIVITIES

#### **TEACHING:**

University of Pittsburgh SOM Medical Interviewing 2018-Present

Facilitator; four half-day sessions per year

University of Pittsburgh SOM Longitudinal Alliance Project 2017-Present

Facilitator; 4 half-day sessions per year

University of Pittsburgh SOM Dermatology Skills Course 2017-Present

Facilitator; one half-day session per year

Department of Family Medicine Resident Lectures 2017-Present

3-lecture cycle repeats yearly

Department of Family Medicine Resident Board Review 2017-Present

Two hour-long sessions, yearly

#### **MENTORSHIP:**

Melissa Coyne, DO

October 2017-present; Family Medicine Resident

Project: Hematuria and Adrenal Mass

Current Position: Family Medicine Resident; UPMC McKeesport

Yui Suigura, DO

October 2017-present; Family Medicine Resident

Project: Improving Back Pain in OB Patients through OMM Current Position: Family Medicine Resident; UPMC McKeesport

#### TRAINING ADVISORY COMMITTEES:

Department of Family Medicine, UPMC McKeesport

Residency Program Educational Committee (PEC)

Residency Clinical Competency Committee (CCC)

Sept 2017-Present
Sept 2017-Present

# **ADVISEES:**

# Family Medicine Residents:

Hermanjit Gill, MD	Class of 2020	2017-Present
Andrew Habib, MD	Class of 2020	2017-Present
Kathryn Bobak	Class 2020	2018-Present

Luna Chen, DO Class of 2021 2018-Present

# LIST OF CURRENT RESEARCH INTERESTS:

- 1. Osteopathic Manipulation Therapy in Chronic Pain
- 2. Women's Health Care
- 3. Preventive Care
- 4. Childhood Obesity

# **SERVICE:**

University of Pittsburgh School of Medicin	University	of Pittsburgh	School of	f Medicine
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GME Osteopathic Program	Oversight Subcommittee (	(OPAC)	2017-Present

# Department of Family Medicine, UPMC Health System

Integrative Education Committee	2017-Present
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# Urgent Care Shadyside, UPMC Health System

Flu Clinic; Director	2013-2017
CME Lecture Series; Director	2013-2017

# **Community Activities**

Boys and Girls Club of America: All About Me	2002-2005
YMCA Camp Kon-O-Kwee; Camp Physician	2004-2005
Run Shadyside; Lead Sponsor	2013-2017
Concord School Holiday Drive; Chair	2016