

VALERIE WISLO, MD

Family Medicine Physician



CONTACT

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Pittsburgh, PA

EDUCATION

Bachelor's degree

Carnegie Mellon University
B.S. in Biological Sciences
2005

Medical Degree

West Virginia University
School of Medicine
2009

Residency

University of Pittsburgh
Medical Center- Mercy
Hospital & St. Margaret
Hospital
2012

PROFESSIONAL EXPERIENCE

Staff Physician

University of Pittsburgh St. Margaret Hospital | 2012 – present

Providing outpatient and inpatient care to patients in a family medicine setting with the following foci:

- Treatment of opioid use disorder
- Medical marijuana certification

PUBLICATIONS

- **Fitwits™: Preparing Residency-based Physicians to Discuss Childhood Obesity with Preteens.**
Wislo VM, McGaffey A, Scopaz KA, D'Amico FJ, Jewell IK, Bridges MW, Hogan L, Hughes K. Clin Pediatr (Phila). 2013 Dec;52(12):1107-17.
- **Fitwits™ Leads to Improved Parental Recognition of Childhood Obesity and Plans to Encourage Change.**
Edwards BA, Powell JR, McGaffey A, Wislo VM, Boron E, D'Amico FJ, Hogan L, Hughes K, Jewell IK, Abatemarco DJ. J Am Board Fam Med. 2017 Mar-Apr;30(2):178-188

PROFESSIONAL ACHIEVEMENTS

Pittsburgh Top Doctors- Castle Connolly

2020 - Present

ADDITIONAL TRAINING

- Medical Marijuana Certification
 - Ability to certify patients for Medical Marijuana in the state of Pennsylvania
- National Ski Patrol and National Ski Patrol Instructor
 - Volunteer Ski Patroller and Ski Patrol Instructor at Boyce Park Ski Area
- Buprenorphine Waiver
 - Trained and licensed to prescribe buprenorphine and manage patients with opiate use disorder
- Zumba, Zumba Gold and STRONG by Zumba Instructor Training
 - Licensed to lead Zumba, Zumba Gold and STRONG by Zumba exercise classes
 - Currently teaching Aqua Zumba over the summer months at Rosedale Beach Club
- Bodiography™ Instructor Training
 - Licensed to lead Pilates-based exercise class